

Appetizers & small bites

	½ Port.	CHF
Green Salad 🌿 with Italian or French Dressing	8	13
Mixed Salad 🍅 with Italian or French Dressing	10	16
Caprese: Tomato and Buffalo Mozzarella, Olive Oil & Balsamic Vinegar 🍅		18
Melon with raw Ham		18
Chicken Strips with Curry Sauce & Melon Cut		24
Caesar Salad Seeblick Style, with Lettuce Salad, French Dressing, & Grana Padano 🍅		16
on top: deep-fried homemade Chicken Nuggets		24
on top: Black Tiger Prawns		29
Black Tiger Prawns in Olive Oil Pot with Garlic & Chilli		25
Mountain Platter (140g for 1-2 People), dried Beef, shaved Mountain Cheese Ballenberg Sausage & raw Ham with pickled Vegetables, Bread & Butter		32
Crispy Baguette Sandwich with Cheese 🍅, Ham or Salami (mixed: + CHF 3)		11

Home-made Soups

Cream of Tomato 🍅 (without Cream: 🌿)	10	14
Chicken Consommé with a little Dry Martini	10	14

Fitness Plate

«Fitness Plate Seeblick»: Mixed Salad, half of an Egg, Melon with...		(Large Salad 🍅: 22)
❖ Pork Steak (120g) with Herb-Butter (240g: Fr. 36.-)		30
❖ Chicken Breast (180g) with Herb-Butter		32
❖ Roastbeef (140g) with Tartar Sauce		34
❖ Rose Entrecôte (120g, 1A Quality) with Herb-Butter (240g: Fr. 46.-)		38
❖ Deep-fried Zander with Tartar Sauce		32
❖ Fillet of Pollan, pan-fried in Almond-Butter		37
❖ Grilled Tofu & small Spring Rolls 🍅		32

Origins

Chicken, Beef, Pork & Veal	Switzerland	Pollan (Swiss White Fish)	Switzerland (Thun if available)
Perch (Certified Mc Lean)	Poland	Zander (Pike Perch)	Germany
Prawns « Black Tiger»	Vietnam	Raw Ham	Switzerland

Why 3 different Portion Sizes?



We had a 4-week analysis of our food waste. The main result was that our portions were too large, where considerable food landed on the biogas plants. Therefore, we decided to keep an eye on the portion sizes to use our valuable food optimal. **Rules for XL portions: Dish only for 1 person & no take-away of the remaining food.**

Our staff will be happy to inform you about ingredients in our dishes that may trigger allergies and/or intolerances upon request. We receive fish already in fillets, but it can happen, that fish bone is still appearing.

🍅 Vegetarian Dishes / 🌿 Vegan Dishes. All Prices in Swiss Francs, inclusive of VAT. Subject to changes
 Extra Dish: Fr. 4.50. Modification of a Dish: 3 (Keep in mind the add. Work and potential of errors)

Home-made Burgers

Large Ciabatta Beef Burger with over easy Egg & Bacon (Burger-Recipe-Mass with 150g Beef)	28
with Raclette Cheese	31
Large Ciabatta Chicken Burger with over easy Egg & Bacon (pan-fried Chicken Breast)	26
with Raclette Cheese	29
Large Ciabatta Tofu Burger with Pesto & over easy Egg 🍆	25
with Raclette Cheese 🍆	28
All Burgers served with separate Sauces, Salad, Tomato, Onion, & Gherkin. Sauces aside	
Additional Sides: Mixed Salad or Country Fries	+5

Pasta, Vegan & Vegetarian

	½ Port.	Med	XL
Spaghettini all'Arrabbiata 🍴	18	22	24
Spaghettini Bolognese with minced Beef	22	26	28
Spaghettini with Dill-Lime-Cream-Sauce with smoked Salmon Strips	25	29	31
Vegetable Plate with fried Potatoes 🍴	22	26	28
with Raclette Cheese gratinated & fried Egg 🍆	26	30	32
Wok Vegetables with Rice, spicy Soya Sauce & small Spring Rolls 🍆	23	27	29

Fish

Deep-fried Zander in a Basket, Country Fries & Tartar Sauce	23	29	31
Deep-fried Fillets of Perch, Country Fries & Tartar Sauce	29	36	38
Fillets of Perch pan-fried in Almond-Butter, Rice & Vegetables	33	39	41
Fillets of Pollan pan-fried in Almond-Butter with fried Potatoes & Vegetables	31	37	39
Poached Pollan Fillets, Wine-Dill-Cream-Sauce, Rice and Vegetables	35	42	44

Meat

«Riz Casimir» with Chicken, Rice, Curry Sauce & Fruits	26	31	33
Pork Steak (120/240g) with Herb-Butter, Country Fries & Vegetables	27		34
Homemade Cordon-Bleu of Pork, fried Potatoes & Vegetables		35	
Veal Escalope (100/200g) with Country Fries	32		41
Roastbeef with Country Fries & Tartar Sauce	25	30	32
Rose Entrecôte (120/240g, 1A Quality) with Herb-Butter, Vegetables & Rice, fried Potatoes or Country Fries	39		51

What are Country Fries? Country Fries are regular-cut French Fries with little Peel.

🍆 Vegetarian Dishes / 🍴 Vegan Dishes. All Prices in Swiss Francs, inclusive of VAT. Subject to changes
Extra Dish: Fr. 4.50. Modification of a Dish: 3 (Keep in mind the add. Work and potential of errors)